Miami-Dade County Public Schools Division of Athletics and Activities Athletic Physical Form Procedures

Procedures for Completing M-DCPS Athletic Physical Form FM-3439 Rev. (06-13) Page 1

- Please be sure to complete the following sections:
 - o Section I Student Information
 - o Section II Parent/Guardian Information
 - o Section III Parent/Guardian Insurance Information
- The physical will not be accepted as complete if any information is missing.

Florida High School Athletic Association (FHSAA) Preparticipation Physical Evaluation EL2 Created 06/12

Page 1

- Complete Part 1, Student Information
- Complete Part 2, Medical History. Check "Yes" or "No" to the questions. If the student/parent
 answers "Yes" to any question, explain why or what at the bottom of page in section provided.
- Student signature and date required
- Parent/Guardian signature and date required

Page 2

- Part 3, Physical Examination, is to be completed by a licensed physician, licensed osteopathic physician, licensed chiropractic physician, licensed physician assistant, or certified registered nurse practitioner.
- The FHSAA EL2 will not be accepted without an official signature and <u>stamp</u> from the medical office where the physical was completed.

Page 3

 This page should only be used if the student is referred to a specialist or another doctor for medical clearance to participate in sports.

FHSAA Consent and Release from Liability Certificate EL3 – REVISED 05/13

Parent/Guardian and Student: please read **BOTH** pages thoroughly before entering information and signing.

Page 1

- Part 2, Parental/Guardian Consent, Acknowledgement and Release
 - Section A, Parent/Guardian should list any sport(s) in which the student is <u>NOT</u> allowed to participate.
 - Section G, Parent/Guardian must check off all insurance options that apply to their child.
- Parent/Guardian signature and date required
- Student signature and date required

FHSAA Consent and Release from Liability Certificate for Concussion and Heat-Related Illness EL3CH – NEW FORM

Page 1- Concussion Information

- Read thoroughly, parent/guardian and student
- Student signature and date required
- Parent/Guardian signature and date required

Page 2 - FHSAA Heat-Related Illnesses Information

- Read thoroughly, parent/guardian and student
- Student signature and date required
- Parent/Guardian signature and date required

MDCPS Contract for Student Participation in Interscholastic Competitions or Performances Form FM-7155 Rev. (06-12)

- Complete information requested at top of page
- Read thoroughly, parent/guardian and student
- Student signature and date required
- · Parent/Guardian signature and date required

Student Acknowledgement and Consent FM-3439

Read thoroughly, parent/guardian and student sections pages 1 and 2

Page 1

Student signature and date required

Page 2

- Parent/Guardian read the parent/Guardian Acknowledgement and consent section starting on page and continued at the top of page 2.
- If parent grants child permission to participate in all interscholastic athletics, write "None" in the blank provided.
- If parent does not grant child permission to participate in all interscholastic athletics, list the sports not allowed for participation in the blank provided.
- Parent/Guardian signature and date required, and MUST BE NOTARIZED WITH AN OFFICIAL NOTARY STAMP AND SIGNATURE.
- Sportsmanship Agreement
 - Parent/Guardian signature and date required

Once packet is complete with all required signatures, dates, and notarization, student is eligible to participate in the pre-season sports physical examination.



Miami-Dade County Public Schools Division of Athletics and Activities ATHLETIC PHYSICAL FORM

re-not	ATHLETIC PHYSICAL FORM	
SCHOOL NAME	SCHOOL YEAR/	GRADE
SPORT(s)		
	SECTION I - STUDENT INFORMATION	
LAST NAME	FIRST NAME	M.I.
BIRTHDATE	FEMALE ID#	
ADDRESS	CITY	ZIP
	CELL PHONE	
ARE YOU A UNITED STATES CITIZEN	YES NO EMAIL	
SECTI	ON II - PARENT/GUARDIAN INFORMATION	
FATHER	PHONE # EMAIL _	
MOTHER	PHONE# EMAIL _	
	RELATIONS	
EMERGENCY CONTACT PHONE		
SCH	OOL BOARD INSURANCE INFORMATION	
IN ACCORDANCE TO SCHOOL BOARD	POLICY 2431, INTERSCHOLASTIC ATHLETICS	S:
program must participate in a Board-a insurance is required prior to participation sports programs. Benefits under this hospital-medical-surgical coverage the payable by your other insurance will be a Any charges or expenses, including definitions and the program of the program of the payable by your other insurance will be a charges or expenses, including definitions and the program of the pr	the athletic department, and/or the School Boardom any athletic injury. All students taking part approved insurance program for that sport. Pure in in the fall football program, spring football program insurance program are secondary to beneficially you may have purchased. Only those chepaid, and the total payment will not exceed 100% eductibles not covered by the School Board-approved insurance in ardian. All School Board-approved insurance in the school Board-approved in the school Board-appr	in the interscholastic athletic chase of School Board-approved ram, and all other interscholastic fits covered under any other arges in excess of the amount of all bills for any one accident.
SECTION III -	PARENT/GUARDIAN INSURANCE INFORM	ATION
PRIMARY INSURANCE INFORMATION	THAT INCLUDES YOUR CHILD:	
	EMPLOYER	
	PHO	
NSURANCE POLICY#	GROUP#	
PRIMARY CARE PHYSICIAN	PHONE #	

Revised 03/10



Florida High School Athletic Association

Preparticipation Physical Evaluation (Page 1 of 3)

St	art 1. Student Information (to be compludent's Name:		-		Sex:Age:Date of Birth:	, ,
Sc	hool:		G.	odo in	School: Sport(s): Date of Birth:	_'
Н	nme Address:		OI	auc III	School:Sport(s):	
n i						
INE	me of Parent/Guardian:				E-mail:	
Pe	rson to Contact in Case of Emergency:					
Re	lationship to Student: Home P	hone: ()		Work Phone: () Cell Phone: ()	
Pe	rsonal/Family Physician:				City/State: Office Phone: ()	
					Explain "yes" answers below. Circle questions you don't kno	
		Yes	No	,	The state of the s	w ausweis t
1.	Have you had a medical illness or injury since your last			26.	Have you ever become ill from exercising in the heat?	Ė
_	check up or sports physical?	·	,	27.	Do you cough, wheeze or have trouble breathing during or after	TT
2.	Do you have an ongoing chronic illness?	1			activity?	
3.	Have you ever been hospitalized overnight?		<u></u> .		Do you have asthma?	
4. ~	Have you ever had surgery?	<u> </u>	_	29.	Do you have seasonal allergies that require medical treatment?	
5.	Are you currently taking any prescription or non- prescription (over-the-counter) medications or pills or using an inhaler?] _	<u></u>	30.	Do you use any special protective or corrective equipment or medical devices that aren't usually used for your sport or position	
6.	Have you ever taken any supplements or vitamins to	_	Γ		(for example, knee brace, special neck roll, foot orthotics, shunt,	, ,
	help you gain or lose weight or improve your	<u></u>	ــــــــــــــــــــــــــــــــــــــ	31	retainer on your teeth or hearing aid)?	r r-
	performance?			31.	Have you had any problems with your eyes or vision? Do you wear glasses, contacts or protective eyewear?	-
7.	Do you have any allergies (for example, pollen, latex,	Γ		32,	Have you ever had a coming storing and the company and the comp	<u> </u>
	medicine, food or stinging insects)?	<u></u>		21	Have you ever had a sprain, strain or swelling after injury?	ᆛᅩᆛ
₹.	Have you ever had a rash or hives develop during or after exercise?			35.	Have you broken or fractured any bones or dislocated any joints? Have you had any other problems with pain or swelling in muscles, tendons, bones or joints?	
₽.	Have you ever passed out during or after exercise?				If yes, check appropriate blank and explain below:	
0.	Have you ever been dizzy during or after exercise?		Ī		HeadElbowHip	
	Have you ever had chest pain during or after exercise?	$\overline{}$			NeckForearm Thigh	
12.	Do you get tired more quickly than your friends do	Ţ <u> </u>	Ĩ—-		Back Wrist Knee	
	during exercise?				Chest Hand Shin/Calf	
3.	Have you ever had racing of your heart or skipped heartbeats?	<u></u>			Shoulder Finger Ankle	
4.	Have you had high blood pressure or high cholesterol?			26	Upper ArmFoot	
5.	Have you ever been told you have a heart murmur?			30.	Do you want to weigh more or less than you do now?	
	Has any family member or relative died of heart problems or sudden death before age 50?				Do you lose weight regularly to meet weight requirements for your sport? Do you feel stressed out?	<u> </u>
7.	Have you had a severe viral infection (for example,				Have you ever been diagnosed with sickle cell anemia?	- -
	myocarditis or mononucleosis) within the last month?			40	Have you ever been diagnosed with sickle cell anemia? Have you ever been diagnosed with having the sickle cell trait?	<u> </u>
8.	Has a physician ever denied or restricted your			41	Record the dates of your most recent immunizations (shots) for:] _]
_	participation in sports for any heart problems?			71.		
9.	Do you have any current skin problems (for example,	ᆚ	<u> </u>		Tetanus: Measles: Chickenpox:	
Λ	itching, rashes, acne, warts, fungus, blisters or pressure sores)	? ?	r		Chlorenpox.	
	Have you ever had a head injury or concussion?	<u> </u>	<u> </u>	EEN	MALES ONLY (optional)	
1.	Have you ever been knocked out, become unconscious or lost your memory?	j	<u> </u>		When was your first menstrual period?	
2	Have you ever had a seizure?	I	r		When was your most recent menstrual period?	
	Do you have frequent or severe headaches?	-		44	How much time do you usually have from the start of one period to	
	Have you ever had numbness or tingling in your arms,	<u>-</u> -	J 		the start of another?	
	hands, legs or feet?	J	L	45.	How many periods have you had in the last year?	
	Have you ever had a stinger, burner or pinched nerve?			46.	What was the longest time between periods in the last year?	
	ain "Yes" answers here:		·		· · · · · · · · · · · · · · · · · · ·	
_						

______ Date: ____/ _____ Signature of Parent/Guardian: ______

____ Date: ____/ ____/ ____



The street matter sections

Florida High School Athletic Association

Preparticipation Physical Evaluation (Page 2 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2

Student's Name:								Date of Birth:	1 1
Height: Weight:		% Body Fat (o	ptional):	:		Pulse:	Blood Pressure:	/(/_	, /
110	om mg. Hgnr. r	г	icit; P	r					
Visual Acuity: Right 20/		Corrected:	Yes	No			Unequal		
MEDICAL	NORMAL		·		ABNO	RMAL FINDI	INGS		INITIAL
Appearance									
Eyes/Ears/Nose/Throat		*****							
Lymph Nodes Lymph Nodes									
									
4. Heart									
5. Pulses									
6. Lungs									
7. Abdomen									~
8. Genitalia (males only)		w							
9. Skin									
IUSCULOSKELETAL									
10. Neck		****							**
11. Back									
12. Shoulder/Arm					m	~~~			
13. Elbow/Forearm									
14. Wrist/Hand									
15. Hip/Thigh									····
16. Knee								· · · · · · · · · · · · · · · · · · ·	
17. Leg/Ankle									
18. Foot									
- station-based examination only					******	· · · · · · · · · · · · · · · · · · ·	*****		
SSESSMENT OF EXAMINING									
nereby certify that each examinati	on listed above	was performed b	y mysel	lf or an	individu	al under my di	rect supervision with the	following conclusion	on(s):
Cleared without limitation									
Disability:		···			Diagnos	sis:			
							······		
Precautions:									
Not cleared for:							Reason:		

Cleared after completing eval	uation/rehabilita	tion for:							
Referred to							For:		
ecommendations:									
	ant/Nurse Practi	itioner (print):						Date:	1 1
ime of Physician/Physician Assist	MINT MANDO I IMPU								



Preparticipation Physical Evaluation (Page 3 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2.

ASSESSMENT OF PHYSICIAN TO WHOM REFERRED (if a	oplicable)				
I hereby certify that the examination(s) for which referred was/were		al under my direct supervisi	on with the follow	ving co	nclusion(s):
Cleared without limitation		•		J	
Disability:	Diagnosis:			<u>-</u> -	
Precautions:					
Not cleared for:					
Cleared after completing evaluation/rehabilitation for:					
Recommendations:					
Name of Physician (print):			Date:		/
Address:					
Signature of Physician:					
Based on recommendations developed by the American Academy of Family Ph dic Society for Sports Medicine and American Osteopathic Academy for Sports	ysicians, American Academy of Pediatric	s, American Medical Society for	Sports Medicine, A	lmerican	Orthopae-



Revised 05/13



Name of Student (printed)

Consent and Release from Liability Certificate (Page 1 of 2)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature. This form is non-transferable.

	This form is non-transferable.	of the section. This form is valid for 505 calendar days from the date	e of the most recent signature.
School:		School District (if applicable):	
to represent my decisions. I kno for a concussion welfare while p guardian(s), I h responsibility a mishap involvir become necessa and attendance, me and further t reservation or li are voluntary ar no longer be eli	school in interscholastic athletic competities with that athletic participation is a privilege, and even death, is possible in such participating in athletics, with full understance reby release and hold harmless my school and liability for any injury or claim resulting ground my athletic participation. I hereby authority. I hereby grant to FHSAA the right to revacademic standing, age, discipline, finance or use my name, face, likeness, voice and apprintation. The released parties, however, are did that I may revoke any or all of them at argible for participation in interscholastic athless.	Release (to be signed by student at the bottom) ted on the reverse side of this "Consent and Release Certificate" and known. If accepted as a representative, I agree to follow the rules of my school. I know of the risks involved in athletic participation, understand that inpation, and choose to accept such risks. I voluntarily accept any and all ding of the risks involved. Should I be 18 years of age or older, or should, the schools against which it competes, the school district, the contest from such athletic participation and agree to take no legal action again ze the use or disclosure of my individually identifiable health information iew all records relevant to my athletic eligibility including, but not limite as, residence and physical fitness. I hereby grant the released parties the pearance in connection with exhibitions, publicity, advertising, promotion under no obligation to exercise said rights herein. I understand that the any time by submitting said revocation; myriting to my school. By the any time by submitting said revocation; myriting to my school. By the interpretation of the property of the second content of the second content of the property of	ool and FHSAA and to abide by their seer ious injury, including the potential responsibility for my own safety and I be emancipated from my parent(s) tofficials and FHSAA of any and all st FHSAA because of any accident or a should treatment for illness or injury d to, my records relating to enrollment right to photograph and/or videotape and and commercial materials without athorizations and rights granted herein g so, however, I understand that I will
tome, which come	orceu of Separateu, Darent/gnardian with	legal custody must sign.) in any FHSAA recognized or sanctioned sport EXCEPT for the following the sanctioned sport EXCEPT for the sanctione	
List spo	rt(s) exceptions here	AAA AAAA AAAA AAAA AAAA AAAA AAAA AAAA AAAA	Tracks were
c. I know of, the process of the pro	the participation and choose to accept any a did, I release and hold harmless my child's/was bility and liability for any injury or claim resinvolving the athletic participation of my chard is under the supervision of the school. I for illness or injury become necessary. I can be citigibility including, but not limited to, his I grant the released parties the right to photomection with exhibitions, publicity, advertigation to exercise said rights herein. Lof the potential danger of concussions and such an injury is sustained without proper in the potential danger of concussions and such an injury is sustained without proper in the potential danger of concussions. The such an injury is sustained without proper in the potential danger of concussions. The such an injury is sustained without proper in the potential danger of concussions and such an injury is sustained without proper in the CHILD ENGAGE IN A POT, EVEN IF MY CHILD ENGAGE IN A POT, EVEN IT TO RECOVE TO THE ACTIVITY. CHILD'S/WARD'S SCHOOL ENGAGE IN A POT, EVEN IT TO RECOVE IN THE CONTICUTE IN THE CONT	so of, the risks involved in interscholastic athletic participation, understand all responsibility for his/her safety and welfare while participating in ard's school, the schools against which it competes, the school district, the sulting from such athletic participation and agree to take no legal action a child/ward. I authorize emergency medical treatment for my child/ward shild/ward. I authorize emergency medical treatment for my child/ward shild/ward in the hereby authorize the use or disclosure of my child's/ward's indiviousent to the disclosure, by my child's/ward's school, to the FHSAA, uportand and or enrollment and attendance, academic standing, a cograph and/or videotape my child/ward and further to use said child's/w ising, promotional and commercial materials without reservation or limid/or head and neck injuries in interscholastic athletics. I also have knownedical clearance. LY AND CAREFULLY. YOU ARE AGREDOTENTIALLY DANGEROUS ACTIVITY S'S/WARD'S SCHOOL, THE SCHOOLS ACTIVITY S'S/WARD'S SCHOOL, THE SCHOOLS ACTIVITY S'S/WARD'S SCHOOL, THE SCHOOLS ACTIVITY THERE IS A CHANCE ILLED BY PARTICIPATING IN THIS ACTIVITY, THERE IS A CHANCE ILLED BY PARTICIPATING IN THIS ACTIVITY WHICH GTHIS FORM YOU ARE GIVING UP YOUR ARE SCHOOL DISTRICT, THE CORRESONAL INJURY, INCLUDING AGE THAT RESULTS FROM THE RISK YOU HAVE THE RIGHT TO REFUSE TO DOL, THE SCHOOLS AGAINST WHICH EST OFFICIALS AND FHSAA HAS THE ATE IF YOU DO NOT SIGN THIS FORM Cannotive relief or other legal action impacting my child (individually chalachua County, Florida. Circuit Court. Therein are voluntary and that I may revoke any or all of them at any that my child/ward will no longer be eligible for participation in interscho rance plan, which has limits of not less than \$25,000. Policy Number: medical base insurance plan.	a athletics. With full understanding of the contest officials and FHSAA of any gainst the FHSAA because of any accould the need arise for such treatment idually identifiable health information on its request, of all records relevant ge, discipline, finances, residence and vard's name, face, likeness, voice and tation. The released parties, however, reledge about the risk of continuing to EING TO LET YOUR CHICH IT DETACHED TO LET YOUR CHICH IT DETACHED MAY CTIVITY BECAUSE CANNOT BE AVOID-UR CHILD'S RIGHT OL, THE SCHOOLS DNTEST OFFICIALS GOEATH, TO YOUR THAT ARE A NATD SIGN THIS FORM, IT COMPETES, THE RIGHT TO REFUSE COMPETES, THE RIGHT TO REFUSE COMPETES THE RIGHT TO REFUSE COMP CHILD'S said revocation in lastic athletics.
ame of Parent/0	Guardian (printed)	Signature of Parent/Guardian	Date //
ame of Parent/C	Guardian (printed) I HAVE READ THIS CAREF	Signature of Parent/Guardian ULLY AND KNOW IT CONTAINS A RELEASE (student n	Date

Signature of Student

Date

Revised 05/13

Florida High School Athletic Association

Consent and Release from Liability Certificate (Page 2 of 2)

This completed form must be kept on file by the school.

Attention Student and Parent(s)/Guardian(s)

Your school is a member of the Florida High School Athletic Association (FHSAA) and follows established rules. To be eligible to represent your school in interscholastic athletics, in an FHSAA recognized sport (i.e. bowling, competitive cheerleading, girls flag football, lacrosse, boys volleyball, water polo and girls weightlifting or sanctioned sport (i.e. baseball, basketball, cross country, tackle football, golf, soccer, fast-pitch softball, swimming & diving, tennis, track & field, girls volleyball, boys weightlifting and wrestling), the student:

- 1. Must be regularly enrolled and in regular attendance at your school. If the student is a home education student or attends a charter school or Florida Virtual School Full time Program or a special/alternative school or certain small non-member private schools, the student must declare in writing his/her intention to participate in athletics to the school at which the student is permitted to participate. Home education students and students attending small non-member private schools must must be approved through the use of a separate form prior to any participation. (FHSAA Bylaw 9.2, Policy 16 and Administrative Procedure 1.)
- 2. Must attend school within 10 days of the beginning of each semester to be eligible during that semester. (FHSAA Bylaw 9.2)
- 3. Must maintain at least a cumulative 2.0 grade point average on a 4.0 unweighted scale prior to the semester in which the student wishes to participate. This GPA must include all courses taken since the student entered high school. A sixth, seventh or eighth grade student must have earned at least a 2.0 grade point average on 4.0 unweighted scale the previous semester. (FHSAA Bylaw 9.4)
- 4. Must not have graduated from any high school or its equivalent. (FHSAA Bylaw 9.4)
- 5. Must participate at the school in which the student first enrolls (attends), or at which the student first takes part in an athletic practice, at the beginning of the school year. (FHSAA Bylaw 9.2)
- 6. Must not transfer schools after the first day of practice of a sport, or otherwise the student cannot participate at the new school for the remainder of the school year. Exceptions may apply. See your school's principal/athletic director after first attending the new school. (FHSAA Bylaw 9.3)
- 7. Must not participate on a non-school team (i.e., AAU, American Legion, club setting, etc.) which is affiliated with a school or coached by a representative of a school other than the one the student attends, or has attended, and then attend that school, otherwise the student will be ineligible there for one year. (FHSAA Bylaw 9.2) Exceptions may apply. See your school's principal/athletic director after first attending the new school.
- 8. Must not transfer to a school that the student's coach has relocated to within a year, otherwise the student may be ineligible there for one year. (FHSAA Bylaw 9.3)
- 9. Must not have enrolled in the ninth grade for the first time more than four school years ago. If the student is a sixth, seventh or eighth grade student, the student must not participate if repeating that grade. (FHSAA Bylaw 9.5)
- 10. Must have signed permission to participate from the student's parent(s)/guardian(s) on a form (EL3) provided the school. (Bylaw 9.8)
- 11. Must be less than 19 years 9 months old to participate in high school; 16 years 9 months old to participate in junior high school; and 15 years 9 months old to participate in middle school, otherwise the student becomes ineligible to participate at that level. (FHSAA Bylaw 9.6)
- 12. Must undergo a pre-participation physical evaluation and be certified as being physically fit for participation in interscholastic athletics (form EL2). The physical evaluation is valid for 365 calendar days from the date that it was administered after which time the student must successfully undergo another physical evaluation to continue his/her participation. Parents and students must also submit a completed EL3CH which serves to address heat illness and concussion dangers. (FHSAA Bylaw 9.7)
- 13. Must be an amateur. This means the student must not accept money, gift or donation for participating in a sport, or use a name other than his/her own when participating. (FHSAA Bylaw 9.9)
- 14. Must not participate in an all-star contest in a sport prior to completing his/her high school eligibility in that sport. (FHSAA Policy 26)
- 15. Must display good sportsmanship and follow the rules of competition **before**, **during and after** every contest in which the student participates. If not, the student may be suspended from participation for a period of time. (FHSAA Bylaw 7.1)
- 16. Must not provide false information to his/her school or to the FHSAA to gain eligibility. (FHSAA Bylaw 9.1)
- 17. Youth exchange, other international and immigrant students must be approved by the FHSAA office prior to any participation. Exceptions may apply. See your school's principal/athletic director. (FHSAA Policy 17)
- 18. This form is non-transferable; a separate form must be completed for each different school at which a student participates.

If the student is declared or ruled ineligible due to one or more of the FHSAA rules and regulations, the student has the right to request that the school file an appeal on behalf of the student. See the principal or athletic director for information regarding this process.





Created 06/12

Consent and Release from Liability Certificate for Concussion and Heat-Related Illness (Page 1 of 2)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

Concussion Information

What is a concussion?

Concussion is a brain injury. Concussions, as well as all other head injuries, are serious. They can be caused by a bump, a twist of the head, sudden deceleration or acceleration, a blow or jolt to the head, or by a blow to another part of the body with force transmitted to the head. You can't see a concussion, and more than 90% of all concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. All concussions are potentially serious and, if not managed properly, may result in complications including brain damage and, in rare cases, even death. Even a "ding" or a bump on the head can be serious. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, your child should be immediately removed from play, evaluated by a medical professional and cleared by a medical doctor.

What are the signs and symptoms of concussion?

Concussion symptoms may appear immediately after the injury or can take several days to appear. Studies have shown that it takes on average 10-14 days or longer for symptoms to resolve and, in rare cases or if the athlete has sustained multiple concussions, the symptoms can be prolonged. Signs and symptoms of concussion can include: (not all-inclusive)

- · Vacant stare or seeing stars
- · Lack of awareness of surroundings
- Emotions out of proportion to circumstances (inappropriate crying or anger)
- · Headache or persistent headache, nausea, vomiting
- Altered vision
- · Sensitivity to light or noise
- · Delayed verbal and motor responses
- · Disorientation, slurred or incoherent speech
- · Dizziness, including light-headedness, vertigo(spinning) or loss of equilibrium (being off balance or swimming sensation)
- · Decreases coordination, reaction time
- · Confusion and inability to focus attention
- · Memory loss · Sudden change in academic performance or drop in grades
- · Irritability, depression, anxiety, sleep disturbances, easy fatigability
- In rare cases, loss of consciousness

What can happen if my child keeps on playing with a concussion or returns to soon?

Athletes with signs and symptoms of concussion should be removed from activity (play or practice) immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to sustaining another concussion. Athletes who sustain a second concussion before the symptoms of the first concussion have resolved and the brain has had a chance to heal are at risk for prolonged concussion symptoms, permanent disability and even death (called "Second Impact Syndrome" where the brain swells uncontrollably). There is also evidence that multiple concussions can lead to long-term symptoms, including early dementia.

What do I do if I suspect my child has suffered a concussion?

Any athlete suspected of suffering a concussion should be removed from the activity immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance from an appropriate health-care professional (AHCP). In Florida, an appropriate health-care professional (AHCP) is defined as either a licensed physician (MD, as per Chapter 458, Florida Statutes), a licensed osteopathic physician (DO, as per Chapter 459, Florida Statutes)Close observation of the athlete should continue for several hours. You should also seek medical care and inform your child's coach if you think that your child may have a concussion. Remember, it's better to miss one game than to have your life changed forever. When in doubt, sit them out.

When can my child return to play or practice?

Following physician evaluation, the return to activity process requires the athlete to be completely symptom free, after which time they would complete a step-wise protocol under the supervision of a licensed athletic trainer, coach or medical professional and then, receive written medical clearance of an AHCP.

For current and up-to-date information on concussions, visit http://www.cdc.gov/concussioninyouthsports/ or http://www.seeingstarsfoundation.org

Statement of Student Athlete Responsibility

I accept responsibility for reporting all injuries and illnesses to my parents, team doctor, athletic trainer, or coaches associated with my sport including any signs and symptoms of CONCUSSION. I have read and understand the above information on concussion. I will inform the supervising coach, athletic trainer or team physician immediately if I experience any of these symptoms or witness a teammate with these symptoms. Furthermore, I have been advised of the dangers of participation for myself and that of my child/ward.

Name of Student-Athlete (printed)	Signature of Student-Athlete	Date /
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date //





Created 06/12

Consent and Release from Liability Certificate for Concussion and Heat-Related Illness (Page 2 of 2)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

FHSAA Heat-Related Illnesses Information

People suffer heat-related illness when their bodies cannot properly cool themselves by sweating. Sweating is the body's natural air conditioning, but when a person's body temperature rises rapidly, sweating just isn't enough. Heat-related illnesses can be serious and life threatening. Very high body temperatures may damage the brain or other vital organs, and can cause disability and even death. Heat-related illnesses and deaths are preventable.

Heat Stroke is the most serious heat-related illness. It happens when the body's temperature rises quickly and the body cannot cool down. Heat Stroke can cause permanent disability and death.

Heat Exhaustion is a milder type of heat-related illness. It usually develops after a number of days in high temperature weather and not drinking enough fluids.

Heat Cramps usually affect people who sweat a lot during demanding activity. Sweating reduces the body's salt and moisture and can cause painful cramps, usually in the abdomen, arms, or legs. Heat cramps may also be a symptom of heat exhaustion.

Who's at Risk?

Those at highest risk include the elderly, the very young, people with mental illness and people with chronic diseases. However, even young and healthy individuals can succumb to heat if they participate in demanding physical activities during hot weather. Other conditions that can increase your risk for heat-related illness include obesity, fever, dehydration, poor circulation, sunburn, and prescription drug or alcohol use.

By signing this agreement, the undersigned acknowledges that the information on page 1 and page 2 have been read and understood.

Name of Student-Athlete (printed)	Signature of Student-Athlete	Date / /
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date /
	-2-	FM-3439 Rev. (06-13)



Miami-Dade County Public Schools

Contract for

Student Participation in Interscholastic Competitions or Performances per School Board Policy 5845, Student Activities

Senior High School	
Student Name (Print or Type)	
Student ID Number	
Team/Performing Group	

A student who participates in interscholastic competitions and/or performance groups should demonstrate high standards of ethics and promote the development of good character and other life skills. A model student participant should exhibit a high degree of decorum demonstrating respect for self, family, and all people regardless of ethnicity, race, religion, gender or physical condition. As a representative of Miami-Dade County Public Schools (M-DCPS), I commit to adhering to the following values and team rules.

Core Values

CITIZENSHIP

I will:

- · Comply with school, classroom and interscholastic competition rules.
- · Respect all laws and rules of society.
- Use appropriate language at all times.
- Demonstrate behavior that is fair, civil, polite and courteous.
- Abide by and understand the rules of the competition in which I am participating.

COOPERATION

I will:

- Resolve conflicts with peers in an appropriate and lawful manner.
- Adhere to the school dress code.
- Accept responsibility for my own behavior.
- Support classmates and team members in their lawful endeavors.
- Demonstrate school pride in an appropriate manner.
- · Cooperate with administrators, teachers, coaches, and sponsors.

COMPASSION

will:

- Provide support to people who are in need of assistance.
- Demonstrate kindness to peers and adults.
- Assist teachers, coaches, and sponsors in making my school environment a positive place in which to learn.
- Support community outreach programs and charities when possible.
- Make contributions of time and energy that enrich the school environment.

HONESTY and RESPONSIBILITY

will:

- Tell the truth.
- Live and compete honorably.
- · Report any inappropriate or illegal act to an administrator, teacher, coach, or sponsor.
- Complete all work independently.
- Return lost property to the owner.
- · Attend school and all classes regularly and on .time.

INTEGRITY

will

- Express beliefs and feelings without regard to social pressure and do what's right even when it is unpopular or personally costly. Help fellow classmates and teammates.
- Support school activities and interscholastic programs.
- Exercise self-control.
- Engage in healthy life-style practices.

EXCELLENCE

I will:

- Put forth maximum effort and complete all academic assignments.
- Maintain a cumulative GPA of at least 2.00.
- Maintain an average conduct grade of at least 2.00 in each semester.
- Commit to being a student first and to getting the best education I can.

FAIRNESS and RESPECT

I will:

- Participate in activities that are safe, respectful and lawful.
- Treat all adults (administrators, teachers, coaches, and sponsors) and peers (teammates) with respect.
- Treat all people the same regardless of ethnicity, race, religion, gender, age or disability.
- Respect the integrity and judgment of competition judges or game officials.

Team Performing Group Rules

All interscholastic athletics and school activities are meant to contribute to the overall academic excellence achieved by a student participant. The following rules and consequences are seen as the basic conditions that must be met by a student who wishes to represent his or her school through interscholastic competitions or performances:

- 1) A student must maintain a cumulative 2.00 GPA or higher as specified by s. 1003.43(1) Florida Statutes.
- 2) A student must receive a minimum 2.00 in conduct in the preceding semester.
- 3) If a student is assigned to Indoor Suspension/School Center for Specialized Instruction (SCSI), he or she will be unable to participate in interscholastic competitions or performances on the day(s) on which he or she is assigned. If the assignment to SCSI takes place on/or includes a Friday, the student will be unable to participate in interscholastic competitions or performances on the weekend.
- 4) A student who is serving an Outdoor Suspension cannot practice or participate in interscholastic competitions or performances and may be subject to further sanctions or penalties.
- 5) A student who has a total of eleven (11) cumulative days of suspension (indoor and outdoor) will not be allowed to participate in interscholastic competitions or performances for the remainder of the school year. (Outdoor suspension is considered an absence.)
- 6) A student who has ten (10) or more cumulative absences will not be allowed to participate in interscholastic competitions or performances for the remainder of the school year. (Outdoor suspension is considered an absence.)
- A student who has twenty (20) or more cumulative tardies will not be allowed to participate in interscholastic competitions or performances for the remainder of the school year.
- 8) A student must be reported as present for the school day in order to participate in interscholastic competitions or performances, including practices.
- 9) A student who participates in interscholastic competitions or performances and has not performed at grade level as defined by the Florida Department of Education will seek two (2) hours per week of academic tutoring. Failure to seek required tutoring will result in a seven (7) calendar day suspension from interscholastic competitions or performances.
- 10) Any student who is arrested for conduct occurring on or off school grounds will be prohibited from participating in all interscholastic competitions or performances for a minimum of ten (10) days, including practices.

I have read and understand the requirements of the Contract for Student Participation in Interscholastic Competitions or Performances. I understand that participation in interscholastic competitions or performances is a privilege and not a right. I understand that I am expected to perform according to this contract and the team/performing group rules. I understand that there may be sanctions or penalties, which may include suspension or dismissal from the team/performing group.

Student's Signature	Date
Parent's Signature	Date

STUDENT ACKNOWLEDGEMENT AND CONSENT

I have read and signed the Florida High School Athletic Association (FHSAA) Consent and Release from Liability Certificate (EL3) and I have also read signed the Miami-Dade County Public Schools (M-DCPS) Contract for Student Participation in Interscholastic Competitions or Performances (FM-7155). I also agree to comply with M-DCPS Board Policies and the Greater Miami Athletic Conference (GMAC) Bylaws in regard to athletic participation and student transfers.

I agree to follow the rules of M-DCPS, the GMAC, and the FHSAA and abide by their decisions. I know that athletic participation is a privilege. I know of the risks involved in athletic participation, understand that serious injury, including the potential for concussion, and even death, is possible in such participation, and choose to accept such risks. I voluntarily accept any and all responsibility for my own safety and welfare while participating in athletics, with full understanding of the risks involved, including the responsibility of reporting my injuries and illnesses to the appropriate M-DCPS staff, including the symptoms of concussion.

Should I be 18 years of age or older, or should I be emancipated from my parent(s)/guardian(s), I hereby release and hold harmless The School Board of Miami-Dade County, Florida, my school, the schools against which it competes, the contest officials, GMAC, and FHSAA of any and all responsibility and liability for any injury or claim resulting from such athletic participation and agree to take no legal action against the parties named because of any accident or mishap involving my athletic participation. I hereby authorize the use or disclosure of my individually identifiable health information should treatment for illness or injury become necessary. I hereby grant to FHSAA the right to review all records relevant to my athletic eligibility including, but not limited to, my records relating to enrollment and attendance, academic standing, age, discipline, finances, residence, and physical fitness. I grant the released parties the right to photograph and/or videotape me and further to use my name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising, promotional and commercial materials without reservation or limitation. I understand and agree that such use (of my name, image or other information) by the school district or any entity authorized by it shall be without compensation to me. The released parties, however, are under no obligation to exercise said rights herein. I understand that the authorizations and rights granted herein are voluntary and that I may revoke any or all of them at any time by submitting said revocation in writing to my school. By doing so, however, I understand that I will no longer be eligible for participation in interscholastic athletics. I HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A RELEASE.

Name of Student Printed	Signature of Student	Date
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PARENT/GUARDIAN ACKNOWLEDGEMENT AND CONSENT

I/we have read and signed the Florida High School Athletic Association (FHSAA) Consent and Release from Liability Certificate (EL3) and I/we have also read signed the Miami-Dade County Public Schools (M-DCPS) Contract for Student Participation in Interscholastic Competitions or Performances (FM-7155). I/we also agree that my child will comply with M-DCPS Board Policies and the Greater Miami Athletic Conference (GMAC) Bylaws in regard to athletic participation and student transfers. I/we know of, and acknowledge, that my/our child/ward knows of, the risks involved in interscholastic athletic competition, understand that serious injury and even death, is possible in such participation and choose to accept any and all responsibility for his/her safety and welfare while participating in athletics, with full understanding of the risks involved, including the responsibility of reporting my/our child's/ward's injuries and illnesses to the appropriate M-DCPS staff, including the symptoms of concussion.

With the full understanding of the risks involved, I/we for ourselves, and for our child/ward, HEREBY RELEASE, WAIVE, DISCHARGE, AND COVENANT(S) NOT TO SUE The School Board of Miami-Dade County, Florida, its members, officers, employees, agents, representatives, insurers, and assigns (referred to as "releases"), from any and all liability to the undersigned, his/her parents, child, personal representatives, assigns, heirs, and next of kin for any and all damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise which is in any way related to the athletic participation of the child/ward. I/we for ourselves and for our child/ward, HEREBY ASSUME FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE due to the negligence of releases or otherwise which is in any way related to the athletic participation of the child/ward. I/we authorize emergency medical treatment for my/our child/ward should the need arise for such treatment while my/our child/ward is under the supervision of the school. I/we hereby authorize the use or disclosure of my/our child's/ward's individually identifiable health information should treatment for illness or injury become necessary. I/we consent to the disclosure, by my/our child's/ward's school, to the FHSAA, upon its request, of all the records relevant to his/her athletic eligibility including, but not limited to, his or her records relating to enrollment and attendance, academic standing, age, discipline, finances, residence, and physical fitness. In addition, I/we grant the releases the right to photograph and/or videotape my/our child/ward and further to use said child's/ward's name face, likeness, voice and appearance in connection with exhibitions, publicity, advertising, promotional and commercial materials without reservation or limitation. I understand and agree that such use (of my name, image or other information) by the school district or any entity authorized by it shall be without compensation to me. The released parties, however, are under no obligation to exercise said rights herein.

I/we understand that the authorizations and rights granted herein are voluntary and that I/we may revoke any or all of them at any time by submitting said revocation in writing to my/our child's/ward's school. By doing so, however, I/we understand that my/our child/ward will no longer be eligible for participation in interscholastic athletics. I / WE HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A RELEASE.

I/we have read and understood the previous information. Furthermore, I/we have reviewed my/our child's medical history form (EL2) and agree that it is accurate and complete. I/we give consent for my/our child to participate in ImPACT Testing: Cognitive Testing and Post Concussion Testing. I/we give consent for the medical staff to perform the pre-season sport physical examination on my/our child, which I/we understand is not a substitute for regular check-ups and care from our own family physician. I/we also give consent for trained medical staff (licensed athletic trainer, fire/rescue, physician) to treat my/our child, if necessary, at any physical, practice, or game upon my/our absence. My/our signature in the space(s) below indicates that the requirements have been carefully read and permission is granted for my/our child to participate in all interscholastic athletics, with the exception of

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(IF NO EXCEPTION, V	AKITE "NONE	")				
PARENT/GUARDIAN				PARENT/GUAI	RDIAN	(Please print name)
	(F	Please print nam	e)			(Please print name)
SIGNATURE					DATE_	
	Father	Mother	Guardian			
SIGNATURE					DATE_	
	Father	Mother	Guardian		_	
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Dear Parent/Guardians:			HI 1	• • •		
complete. We, who are o	concerned with the students' needs	ne educational dev for self-expression	relopment of bo n, mental alertn	ys and girls throu	gh athletics,	pressed your willingness to permit him/her to feel that a properly controlled, well-organized hope is to maintain a program that is sound in
and monitor classroom ac skilled officials; and 5) pro	chievement; 2) pr ovide adequately a minimum amo	ovide adequate ec supervised transp unt of playing time	quipment and fa ortation to away e. Head coache	cilities; 3) provide y events when pos es and their staff v	a certified he ssible. It mu will determine	responsibilities and obligations: 1) encourage ead coach; 4) provide equalized contests with st be understood that being part of an athletic who will represent the school in the sport for participate and not a right.
you are expected to do th	ie following: 1) ei the coach and/o	ncourage your son	/daughter to wo	ork hard in the cla	ssroom; 2) s	t/guardian of a potential athlete at this school upport our coaches' decisions or to arrange a games as possible and cheer for our school,
	ated at any inters					student athletes, game officials, coaches and removal of such an offender from participation
Please understand that co Collegiate Athletic Assoc through the NCAA Clearing	iation (NCAA).	nolarships are earr Guideline and info	ned by meeting rmation on the	certain academic college recruiting	and athletic i	requirements that are set forth by the National e available in the Athletic Director's Office or
By Signing below, I agree	and understand	the contents conta	ined in this lette	er.		
(PAR	ENT/GUARDIAN	SIGNATURE)				(DATE)



Escuelas Públicas del Condado de Miami-Dade Contrato para la participación

de los estudiantes en competencias inter escolares o presentaciones Póliza 5845 – Actividades de Estudiantes

Nombre de la Escuela	
Nombre del/de la estudiante (Imprimir en letra de molde)	
Número de Identificación (ID) del/de la estudiante	
Equipo/Grupo a cargo de la presentación	

El/la estudiante que participa en competencias inter escolares y/o los grupos que realizan presentaciones deben demostrar altos estándares éticos y fomentar el desarrollo de una buena reputación y de otras destrezas para la vida. El/la participante estudiantil modelo debe mostrar un alto grado de decoro que demuestre respeto por si mismo(a), la familia y todas las personas. Independientemente de su origen étnico, raza, religión, sexo o estado físico. Como representante de las Escuelas Publicas del Condado de Miami-Dade (M-DCPS, por sus siglas en inglés), me comprometo a adherirme a los siguientes valores y reglas de equipo.

Los valores fundamentales

CIVISMO

Haré lo siguiente:

- Cumpliré las reglas de las escuela, del aula y de la competencia entre escuelas.
- Respetaré todas las leyes y reglas de la sociedad.
- Emplearé un lenguaje apropiado en todo momento.
- Mostraré una conducta que sea justa, atenta, amable y cortes.
- Respetaré y comprenderé las reglas de la competencia en la que este participando.

COOPERACION

Haré lo siguiente:

- Solucionaré los conflictos con mis semejantes en una forma apropiada y legal.
- Cumpliré el código de vestuario de la escuela.
- Asumiré la responsabilidad de mi propia conducta.
- Apoyaré a mis compañeros de clase y a los miembros del equipo en sus esfuerzos legítimos.
- Me mostraré orgulloso(a) de mi escuela en una forma apropiada.
- Cooperaré con los administradores, maestros, instructores y patrocinadores.

COMPASION

Haré lo siguiente:

- Proporcionaré apoyo a las personas que necesitan asistencia.
- Mostraré amabilidad a mis compañeros y a adultos
- Ayudare a los maestros, instructores y patrocinadores a hacer que mi entorno escolar sea un lugar positivo en el cual aprender.
- Apoyaré todo lo posible a los programas de asistencia a la comunidad y a las instituciones benefactoras.
- Contribuiré tiempo y energía a fin de enriquecer el ambiente escolar.

HONESTIDAD Y RESPONSABILIDAD

Haré lo siguiente:

- Diré la verdad.
- Viviré y competiré honorablemente.
- Denunciare cualquier acto inapropiado o ilegal a la administración, maestro(a), entrenador(a) o patrocinador(a).
- Realizare todas mis tareas independientemente.
- Devolveré todas las posesiones perdidas a sus dueños.
- Asistiré a la escuela y a todas las clases regularmente y con puntualidad.

INTEGRIDAD

Haré lo siguiente:

- Expresaré mis creencias y sentimientos independientemente de las presiones sociales y haré el bien aún cuando ello sea impopular o personalmente costoso.
- Ayudaré a mis compañeros de clase y de equipo.
- Apoyaré a las actividades de la escuela y los programas entre escuelas.
- Ejerceré control sobre mi propia conducta.
- Participare en prácticas relacionadas con un estilo de vida saludable.

EXCELENCIA

Haré lo siguiente:

- Me esforzare al máximo y llevare a cabo todas mis tareas académicas.
- Mantendré un promedio acumulativo de calificaciones (GPA, por sus siglas en ingles) de 2.00 por lo menos.
- Mantendré un promedio de calificación en conducta de 2.00 por lo menos en cada semestre.
- Me haré el compromiso de ser primeramente un estudiante y de obtener la mejor educación que me sea posible.

JUSTICIA Y RESPETO

Haré lo siguiente:

- Participaré en actividades que sean seguras, respetuosas y licitas.
- Trataré con respeto a todos los adultos (administradores, maestros, entrenadores y patrocinadores) y a mis compañeros de equipo.
- Trataré igualmente a todas las personas, independiente de su origen étnico, raza, religión, sexo, edad o discapacidad.
- Respetaré la integridad y la opinión de los árbitros de la competencia o de los oficiales a cargo del juego.

Reglas para equipos y grupos a cargo de presentaciones

Todas las actividades de atletismo Inter-escolares y escolares tienen la intención de contribuir a la excelencia académica en general que logre el/la estudiante participante. Las siguientes regias y consecuencias se consideran las condiciones básicas que deberá cumplir un(a) estudiante que desee representar a su escuela mediante competencias inter escolares o presentaciones.

- 1) EI/La estudiante deberá mantener un promedio acumulativo de calificaciones (GPA, por sus siglos en ingles) de 2.00 o superior, según se especifica en s. 10003.43(1), de los Estatutos de la Florida.
- El/La estudiante deberá recibir un mínimo de 2.00 en conducta cada semestre.
- 3) Si se asigna a un/a estudiante al Centro Suspensión Interna para la Instrucción Especializada (SCSI, por sus siglas en ingles), el/ella no podrá participar en competencias inter escolares o presentaciones en los días en los que este asignado(a). Si la asignación al SCSI toma lugar y/o incluye a un viernes, el/la estudiante no podrá participar en competencias inter escolares o presentaciones durante el fin de semana.
- 4) El/La estudiante que esta cumpliendo una suspensión externa no podrá practicar o participar en competencias inter escolares o presentaciones y pudiera estar sujeto/a a mas sanciones o penalidades.
- 5) No se permitirá al/a la estudiante que tenga un total de once (11) días de suspensión acumulados que participe en competencias inter escolares o presentaciones por el resto del curso escolar.
- 6) No se permitirá alta la estudiante que tenga diez (10) o mas ausencias acumuladas que participe en competencias inter escolares o presentaciones por el resto del curso escolar.
- 7) No se permitirá al/a la estudiante que tenga veinte (20) o mas tardanza acumuladas que participe en competencias inter escolares o presentaciones por el resto del curso escolar.
- 8) Se deberá reportar al/a la estudiante como presente el día de clases para que pueda participar en competencias inter escolares o presentaciones, incluso en practicas.
- 9) El/La estudiante que participe en competencias inter escolares o presentaciones y que no se haya desempeñado a su nivel de grado según especifican el Departamento de Educación de la Florida asistirá a dos (2) horas semanales de clases académicas privadas. La falta de asistencia a las clases privadas requeridas resultara en una suspensión de las competencias inter escolares y las presentaciones de siete (7) días de calendario.
- 10) A cualquier estudiante al que se le arreste por actos ocurridos dentro o fuera de la escuela se le prohibirá la participación en todas las competencias inter escolares o presentaciones, incluso las practicas, por un mínimo de diez (10) días.

He leído y comprendo los requisitos del Contrato para la Participación del Estudiante en Competencias Inter Escolares o Presentaciones. Entiendo que la participación en competencias inter escolares o presentaciones es un privilegio y no un derecho. Entiendo que se espera de mi que actúe según este contrato y las reglas del equipo/de la presentación. Entiendo que pudiera haber sanciones o penalidades, las cuales pudieran incluir la suspensión o expulsión del equipo/grupo a cargo de la presentación.

Firma del/de la estudiante	Fecha
Firma del padre/de la madre	Fecha



Lekòl Leta Miami Dade County Kontra pou Patiscipasyon Elèv nan Konpetisyon oubyen Pèfòmans Entè-Eskolè

Lekòl Segondè	
Non Elèv la (Enprime oubyen Таре)	
Nimewo ID Elèv la	_
Ekip/Gwoup ki ap Pèfòme a	-

Yon elèv ki patisipe nan konpetisyon e/oubyen gwoup k ap pèfome entèn-eskolè dwe demontre estanda wo pou etik e pwomote bonjan karaktè ak lòt ladrès lavi. Yon elèv modèl kap patisipe dwe egzibe yon degre dekowòm pou demontre respè pou pwòp tèt li, fanmi ak tout lòt moun san gade etnisite, ras, relijyon, fi/gason, oubyen kondisyon fizik diferan. Kòm yon reprezantatif nan "Miami-Dade County Public Schools (M-DCPS)" Lekòl Leta. Mwen pran angajman pou m obeyi valè ak règ sa yo.

Valè Prensipal

SITWAYENNTE

Mwen ap:

- Konfòrne m ak règ lekòl la, salklas yo e konpetisyon entè-eskolè yo.
- Respekte tout lwa oubyen règ sosyete a.
- Sèvi ak langaj ki apwopriye tout tan.
- Demontre konduit ki jis, sivil, janti e koutwa.
- Obeyi e konprann règ konpetisyon mwen ap patisipe a.

KOLABORASYON

Mwen ap:

- Rezoud konfli ak kondisip mwen nan manyè ki apwopriye e legal.
- Suiv kòd abiman an.
- Aksepte responsabilite pou pwòp konduit mwen
- Sipòte kondisip klas e mamn epik yo nan sa yo ap antreprann ki legal.
- Demontre fyète nan lekòl la nan manyè apwopriye.
- Kolabore ak administratè, pwofesè, antrenè e moun k ap patwone yo.

KONPASYON

Mwen ap:

- Ofri sipò bay moun ki bezwen asistans.
- Demontre jantiyès pou kondisip mwen ak gramnoun.
- Ede pwofesè, antrenè e moun k ap patwone yo nan fè anbyans lekòl la yon kote pozitif pou moun aprann.
- Sipòte pwogram ale jwenn kominote a ak òganizasyon charitab lè li posib.
- Bay kontribisyon tan ak eneji mwen nan anbyans lekòl la.

ONETETE ak RESPONSABLITE

Mwen ap:

- Di laverite.
- Viv e fè konpetisyon onorabman.
- Repòte nenpòt zak ki pa apwopriye oubyen ilegal bay yon administratè, pwofesè antrenè oubyen moun k ap patwone.
- Fini tout travay mwen endepandamman.
- Retounen bagay bay mèt li ki ta pèdi l.
- Ale nan tout klas mwen regilyèman e alè.

ENTEGRITE

Mwen ap:

- Eksprime kwayans ak santiman mwen san pè pou presyon sosyal, e fè sa ki jis menmsi sa pa popilè oubyen li va koute mwen anpil pèsonèlman.
- Ede kondisip klas ak kondisip ekip mwen.
- Sipôte aktivite lekôl yo e pwogram entè-eskolè yo.
- Kontwôle tèt mwen.
- Pratike yon estildevi ansante.

EKSELANS

Mwen ap:

- Fè efò maksimòm e fini tout travay akademik yo ba mwen fe.
- Kenbe yon mwayèn jeneral (GPA) omwen 2.00.
- Kenbe yon not mwayèn pou konduit omwen 2.00 nan chak trimès.
- Angaje m pou m yon elèv dabò e pou m kab gen meyè edikasyon posib.

ENPASYALITE ak RESPÈ

Mwen ap:

- Patisipe nan aktivite ki ansekirite, respektab e legal.
- Trete tout granmoun (administraté, pwofesé, antrené, e moun k ap patwone yo ak kondisip (ekip) mwen ak respé.
- Trete tout moun egal-ego san gade etnisite, ras, relijyon, fi/gason, laj oubyen andomajman.
- Respekte entegrite e jijman gadyen konpetisyon oubyen ofisye jwet vo.

Reg Ekip/Gwoup ki ap Pèfòme

Nan tout espò entè-eskolè ak aktivite lekòl fèt pou yo kab kontribye a tout ekselans siksè akademik yon patisipan elèv. Elèv dwe we règ ak konsekans ki suiv yo kòm kondisyon debaz yo dwe satisfè si yo vle reprezante lekòl la oubyen atravè konpetisyon oubyen pèfòmams entè-eskolè.

- 1) Yon elèv dwe kenbe yon "GPA" mwayèn jeneral 2.00 oubyen pi wo jan yo espesifye li nan s. 1003.43(1) nan Estati (Lwa) Florid la.
- Yon elèv dwe resevwa yon mwayèn 2.00 minimòm pou konduit chak trimès.
- 3) Si yo plase yon elèv nan "Indoor Suspension/School Center for Specialized Instruction (SCSI)", (Sispansyon Anndan Sant Lekòl la pou Enstriksyon Espesyalize), li pap kab patisipe nan konpetisyon oubyen pèfòmans entè-eskolè nan jou sa a (yo). Si jou li ap patisipe nan "SCSI" la tonbe jou oubyen ligen ladan vandredi, elèv la pap kab patisipe nan konpetisyon oubyen pèfòmans entè-eskolè nan fèn semèn sa a.
- 4) Yon elèv ki ap sèvi pinisyon deyò pap kab antrene oubyen patisipe nan konpetisyon oubyen pèfòmans entè-eskolè eli kab sijè pou yo ajoute sou sanksyon an oubyen penalite a.
- 5) Yon elèv ki akimile yon total onz (11) jou sispansyon, yo pap pèmèt li patisipe nan konpetisyon oubyen pèfòmans entè-eskolè pou rès ane lekòl la.
- 6) Yon elèv ki akimile dis (10) oubyen plis absan, yo pap pèmèt li patisipe nan konpetisyon oubyen pèfòmans entèeskolè pou rès tan ki rete nan ane lekòl la.
- 7) Yon elèv ki akimile ven (20) oubyen plis ameta yo pap pèmèt li patisipe nan konpetisyon oubyen pèfòmans entèeskolè pou rès tan ki rete nan ane lekòl la.
- 8) Yon elèv dwe prezan nan jou lekòl la pou li kab patisipe nan konpetisyon oubyen pèfòmans entè-eskolè ki gen ladan entrenman.
- 9) Yon elèv ki ap patisipe nan konpetisyon oubyen nan pèfòmans entè-eskolè e li pap pèfòme nan nivo ane eskolè li ye nan fason Depatman Edikasyon Florid la defini an ap gen pou li ale nan leson patikilye akademik pou de (2)èd tan pa semèn. Si li pa ale nan leson patikilye yo mande a, rezilta a sèke li ap gen pinisyon pou sèt (7) jou nan kalandriye konpetisyon oubyen pèfòmans entè-eskolè.
- 10) Nenpòt elèv yo arete pou konduit ki pase anndan oubyen deyò teren lekòl la, yo ap defann li patisipe nan tout konpetisyon oubyen pèfòmans entè-eskolè pou yon minimòm dis (10) jou, ki gen ladan repetisyon.

Mwen te lie konprann demand yo ki nan Kontra a pou Patisipasyon Elèv nan Konpetisyon oubyen Pèfòmans entè-eskolè. Mwen konprann patisipasyon nan konpetisyon oubyen pèfòmans entè-eskolè se yon privilej e se pa yon dwa. Mwen konprann yo atann pou mwen pèfòme daprè kontra ak règ pou ekip/gwoup ki ap pèfòme a. Mwen konprann kab genyen sanksyon oubyen penalite, ki kab genyen ladan sipansyon oubyen revokasyon nan ekip/gwoup k ap pèfòme a.

Siyati Elev (yo)	Dat	
Siyati Paran (yo)	Dat	